

# Converting between Days and Hours

Example :

144 hours = \_\_\_\_\_ days

**24 hours = 1 day**

$$144 \text{ hours} = \frac{144 \text{ hours}}{24 \text{ hours}} = 6 \text{ days}$$

24	6 days
144	144
144	0

6 days = \_\_\_\_\_ hours

**1 day = 24 hours**

$$6 \text{ days} = 6 \times 24 \text{ hours} = 144 \text{ hours}$$

Convert the following hours to days.

1) 360 hours = \_\_\_\_\_ days

2) 144 hours = \_\_\_\_\_ days

3) 192 hours = \_\_\_\_\_ days

4) 324 hours = \_\_\_\_\_ days

5) 60 hours = \_\_\_\_\_ days

6) 228 hours = \_\_\_\_\_ days

Convert the following days to hours.

1) 16 days = \_\_\_\_\_ hours

2)  $9\frac{1}{2}$  days = \_\_\_\_\_ hours

3) 14 days = \_\_\_\_\_ hours

4)  $3\frac{1}{2}$  days = \_\_\_\_\_ hours

5) 5 days = \_\_\_\_\_ hours

6) 11 days = \_\_\_\_\_ hours